



FIFE COACHING

Providing Guidance, Hope, and Healing

CLIENT DATA/INTAKE FORM

Please fill out the information below. The information will help me understand better who you are and what you are seeking from life coaching. Please fill out this form as completely as possible. If you have any questions, please feel free to ask.

SECTION I: IDENTIFYING INFORMATION

Today's Date: _____

Name _____ Age _____ Date of Birth _____ Gender ___ M, ___ F

Address _____ City _____ Zip _____

Home Phone _____ Cell Phone _____ Is it OK to leave a message at home? ___ Yes, ___ No

Occupation _____ Work Phone _____ Contact at work? ___ Yes, ___ No

Marital Status: ___ Single, ___ Married, ___ Co-habiting, ___ Separated, ___ Divorced, ___ Widowed

Name of Spouse/Partner _____ Age _____

Children: Name: _____ Age: _____ Lives with you? ___ Yes, ___ No
 Name: _____ Age: _____ Lives with you? ___ Yes, ___ No
 Name: _____ Age: _____ Lives with you? ___ Yes, ___ No
 Name: _____ Age: _____ Lives with you? ___ Yes, ___ No
 Name: _____ Age: _____ Lives with you? ___ Yes, ___ No
 Name: _____ Age: _____ Lives with you? ___ Yes, ___ No

Among your friends and family, whom do you count on for support?

In case of an emergency: Emergency contact person _____

Phone _____ Relationship to you _____

If doing tele-coaching sessions, please include:

Contact Phone Number for Coaching Sessions: _____

Number for all other calls (if different): _____ SKYPE name: _____

Referred to Fife Coaching/ Life Coach April Fife by: _____



FIFE COACHING

Providing Guidance, Hope, and Healing

SECTION 2: LIFE QUESTIONS

What parts of your life are working best now?

What parts of life are working least well?

What are your values?

What stops you from having the life you want to have?



SECTION 3: GOALS FOR THE FUTURE

What do you want to accomplish, change, or create in the **first 30 days** of life Coaching?

What goals, aspirations, desires, and intentions do you want to accomplish in the **first six months** of life coaching?

What I hope to gain from this coaching relationship:

Other things I'd like my coach to know about me:
